



Three Rivers Chorale

AMERICAN  
HARMONY  
SONGS OF HOPE  
AND FRIENDSHIP

# AMERICAN HARMONY ARTWORK

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2006-2007 Season

THREE RIVERS CHORALE

AMERICAN  
HARMONY

SONGS OF HOPE AND FRIENDSHIP

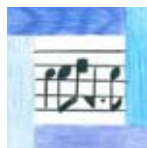
Catherine Fagiolo, CONDUCTOR

Jason Sia, ACCOMPANIST

Alicia Patrice, FLUTE

SATURDAY, MAY 19, 2007 AT 8:00 P.M.  
DIVINE SAVIOR CATHOLIC CHURCH, ORANGEVALE

SUNDAY, MAY 20, 2007 AT 3:00 P.M.  
JOURNEY CHURCH, FOLSOM



# PROGRAM

Please hold applause until the end of each group of pieces.

## **Prelude**

*Alicia Patrice, flute*

**The Arrow and the Song**

Joshua Shank

**Dance of the One-Legged Sailor**

Brent Pierce

**The River Sleeps Beneath the Sky**

Mary Lynn Lightfoot

## **WOMEN'S CHOIR AND SMALL ENSEMBLE**

**When Spring is on the Meadow**

Houston Bright

**Johnny Has Gone For A Soldier**

arr. George McLoughlin

**...into a mist with bells**

Stephen Chatman

**A Girl's Garden** from *Frostiana* (1959)

Randall Thompson

**Dicen que me case yo**

David V. Montoya

*Wes Shamblin, finger cymbals*

**Amazing Grace**

arr. Linda Steen Spevacek / C. Fagiolo

**Old American Songs**

Aaron Copland, arr. Janet Klevberg Day

**Steal Away**

Traditional, arr. Hall Johnson

**The Drinking Gourd**

Traditional, arr. André J. Thomas

**How Can I Keep From Singing**

Robert Lowry, arr. Catherine Fagiolo

# TEXTS AND TRANSLATIONS

## The Arrow and the Song

(Henry Wadsworth Longfellow)

I shot an arrow into the air, it fell to earth, I knew not where; for, so swiftly it flew, the sight could not follow it in its flight. I breathed a song into the air, it fell to earth, I knew not where; for who has sight so keen and strong, that it can follow the flight of song? Long afterward, in an oak I found the arrow, still unbroke; and the song, from beginning to end, I found again in the heart of a friend.

## Dance of the One-Legged Sailor

(Brent Pierce)

Come ye mates and let me tell ye about a one-legged sailor. A man who sailed the seven seas, roll ye briny sea. He's a man who loved to laugh and sing till one day he lost his leg. Now the one-legged sailor must roam the seas alone. Listen to me mates: Dance ye this jig, come and dance while ye may. Come dance ye this jig until morning. Drink and be merry, tomorrow is nigh. The westerly winds will now take ye. Heave ho, set sail to the wind. Way hey, sing ye mates. Now ye mates come heed my warning. Don't let the sea become your love. Laugh and sing, be merry till morning sun be nigh. Dance ye now, mates, to the rhythm of the ocean. Listen ye now to the whisper of the north wind. Heave way, fly the sails. Heave way, don't be late. Dance. Come ye now, mates, and set sail to the wind.

## The River Sleeps Beneath the Sky

(Paul Laurence Dunbar)

The river sleeps beneath the sky, and holds the shadows to its breast; the crescent moon shines dim on high; and lately in the radiant west the gold is fading into gray. Now stills the lark his festive lay, and mourns with me the dying day. While in the south the first faint star lifts to the night its silver face, and twinkles to the moon afar across the heaven's graying space. Low murmurs reach me from the town, as Day puts on her sombre crown, and shakes her mantle darkly down.

## When Spring is on the Meadow

(Houston Bright)

When spring is on the meadow, when earth is green and new; when flowers deck the hillside,

a-gleam with morning dew: Then summer comes a-singing, so sweet, so fresh and fair; yes, summer comes a-dancing, to banish ev'ry care. When autumn's on the meadow, when earth is brown and old; when winter hides the hillside, and all is hard and cold: Sing a song of kind remembrance, of spring, and summer, too; sing a song of sweet remembrance, of love, and joy, and rue.

## Johnny Has Gone for a Soldier

(Traditional, 17th century)

Here I sit on Buttermilk Hill, who could blame me, cry my fill; and ev'ry tear would turn a mill: Johnny has gone for a soldier. Me, oh my, I loved him so, broke my heart to see him go, and only time will heal my woe. I'll sell my flax, I'll sell my wheel, buy my love a sword of steel, so it in battle he may wield.

## A Girl's Garden

(Robert Frost)

A neighbor of mine in the village likes to tell how one spring when she was a girl on a farm, she did a childlike thing. One day she asked her father to give her a garden plot to plant and tend and reap herself, and he said, 'Why not?' In casting about for a corner he thought of an idle bit of wall'd-off ground where a shop had stood, and he said, 'Just it.' And he said, 'That ought to make you an ideal one-girl farm, and give you a chance to put some strength on your slim-jim arm.' It was not enough of a garden, her father said, to plough; so she had to work it all by hand, but she don't mind now. She wheel'd the dung in the wheelbarrow along a stretch of road; but she always ran away and left her not-nice load. And hid from anyone passing. And then she begged the seed. She says she thinks she planted one of all things but weed. A hill each of potatoes, radishes, lettuce, peas, tomatoes, beets, beans, pumpkins, corn and even fruit trees. And yes, she has long mistrusted that a cider apple tree in bearing there today is hers, or at least may be. Her crop was a miscellany when all was said and done, a little bit of ev'rything, a great deal of none. Now when she sees in the village how village things go, just when it seems



to come in right, she says, 'I know! It's as when I was a farmer -- ' Oh, never by way of advice! And she never sins by telling the tale to the same person twice.

### **Dicen que me case yo**

*(Gil Vicente, 15th century)*

They say I should marry; but I don't want a husband, no! I would rather live secure and as I please in this mountain, than to take a risk as to whether I will be happy in marriage or not. Mother, I will not marry, so as not to have a dull life, or perhaps waste the gifts that God has given me. Such a man will not be born, nor has he been, who is to be my husband; as I know that I am the flower of the girls.

### **Amazing Grace**

*(John Newton, 18th century)*

Amazing grace, how sweet the sound that saved a wretch like me. I once was lost, but now am found, was blind, but now I see. Through many dangers, toils and snares, I have already come. 'Tis grace hath brought me safe thus far, and grace will lead me home. When we've been there ten thousand years, bright shining as the sun. We've no less days to sing God's praise than when we first begun.

### **Old American Songs**

*(Traditional)*

High row the boatmen row, floatin' down the river the Ohio. The boatmen dance, the boatmen sing, the boatmen up to ev'rything, And when the boatmen gets on shore he spends his cash and works for more; Then dance the boatmen dance, O dance all night 'til broad daylight and go home with the gals in the mornin'. The boatman is a thrifty man, there's none can do as the boatman can, I never see a pretty gal in my life but that she was a boatman's wife.

'Tis the gift to be simple 'tis the gift to be free 'tis the gift to come down where you ought to be and when we find ourselves in the place just right 'Twill be in the valley of love and delight. When true simplicity is gained to bow and to bend we shan't be ashamed, to turn will be our delight 'til by turning we come 'round right.

Ching-a ring-a ring ching ching, ho-a ding-a ding kum larkee. Brothers gather 'round, listen to this story, 'bout the promised land, an' the promised glory. You don' need to fear, if you have no

money, you don' need none there, to buy you milk and honey. There you'll ride in style, coach with four white horses, there the evenin' meal, has one two three four courses. Nights we all will dance, to the harp and fiddle, waltz and jig and prance, "Cast off down the middle." When the mornin' come, all in grand and splendour, stand out in the sun, and hear the holy thunder. Brothers hear me out, the promised land's a-comin', dance and sing and shout, I hear them harps a-strummin'.

### **Steal Away**

*(Traditional)*

Steal away, steal away to Jesus. Steal away, steal away home; I ain' got long to stay here. My Lord, He calls me, He calls me by de thunder! De trumpet soun's within-a my soul, I ain' got long to stay here. Green trees a-bendin' Po' sinner stan's a-tremblin'.

### **The Drinking Gourd**

*(Traditional)*

Follow the drinking gourd, for the old man is a-waitin' for to carry you to freedom. When the sun comes back and the first quail calls, the river bank will make a very good road. The dead trees will show you the way. Left foot, peg foot, traveling on. The river ends between two hills, there's another river on the other side. Where the great river meets the little river, follow the drinking gourd. No more auction block for me, for the old man is a-waitin' for to carry you to freedom, if you follow the drinking gourd.

### **How Can I Keep From Singing?**

*(Anna Bartlett Warner)*

My life flows on in endless song, above earth's lamentation. I hear the real, though far-off song, that hails a new creation. Through all the tumult and the strife, I hear the music ringing, it sounds an echo in my soul: how can I keep from singing? When tyrants tremble sick with fear, and hear their death-knells ringing, when friends rejoice, both far and near, how can I keep from singing? In prison cell, or dungeon vile, our thoughts to them are winging. When friends by shame are undefiled, how can I keep from singing? Although the tempest 'round me blows, I know the truth is living, although the darkness 'round me grows, the truth its light is giving. No storm can shake my inmost calm, while to that rock I'm clinging, since love is lord of heav'n and earth, how can I keep from singing?

## CATHERINE FAGIOLO, CONDUCTOR

Catherine Fagiolo is founding artistic director of Three Rivers Chorale. She also maintains a private piano and voice studio in Fair Oaks, California.

Ms. Fagiolo has been a founding instructor at Folsom Lake College, where she formed and directed the Choral Union. Ms. Fagiolo has also served as cantor and choral associate for Dr. Donald Kendrick at Sacred Heart Church in Sacramento. She has sung with Sacred Heart's Schola Cantorum for liturgies, concerts, recordings, and tours in North America, England, and Spain.



Catherine Fagiolo has taught choral music at Elk Grove High School where she initiated a choral outreach concert series presented by her ensembles to elementary school audiences. Her choirs have been recognized for excellence at local and regional choral festivals. Students from her choirs and private studio have sung in the National Honor Choir of the American Choral Directors Association (ACDA) and in California All-State Honor Choirs.

Ms. Fagiolo holds degrees from Brown University and from the University of Oklahoma, where she studied with Dennis Shrock and taught music theory. She also earned a California teaching credential at the University of California, Davis.

She served as music director for churches in the Sacramento area from 1987 until 2004. She is active as an adjudicator and guest conductor for choral festivals in the region.

Ms. Fagiolo is a frequent choral accompanist with regional honor choirs for the California Music Educators Association, American Choral Directors Association, and San Joaquin County, and she has accompanied the SUCCEED youth choir in the Roman Catholic diocese of Sacramento.



## JASON SIA, ACCOMPANIST

Jason Sia received his musical education at the San Francisco Conservatory of Music and his Bachelors and Masters degrees in Piano Performance at California State University, Sacramento, where he graduated cum laude and received the Honor Society of Phi Kappa Phi, Phi Kappa Lambda, Golden Key National Honor Society, CSUS Senate Scholarship Award, and the Festival of New American Music Award. He has attended Aspen Music Festival and School, and performed for master classes of classical pianists of international repute. He is also the accompanist for the Sacramento Valley Concert Choir, and is currently teaching piano at St. Ignatius School, St. John Vianney School, and Northridge Music Center.



## THREE RIVERS CHORALE

### Soprano

Loucille Battig  
Kristin Bigelow  
Elizabeth Davies  
Katy Lynch  
Amy Mauk  
Jean Menz  
Carolyn Oates  
Gigi Raymond  
Alysse Rocha  
Bev Thorn

### Alto

Rebecca Bigelow  
Heather Dykes  
Mary Leonard  
Gina Lorenzo  
Christine McGeever  
Nancy Nelle  
Rosemary Tyler  
Kelli Williams  
Sharon Wolf

### Bass

Matt Bartkiewicz  
John Dykes  
Rex Miller  
Wes Shamblin

## WITH APPRECIATION

Three Rivers Chorale is grateful to many individuals and groups in the community for support and volunteer assistance to the choir.

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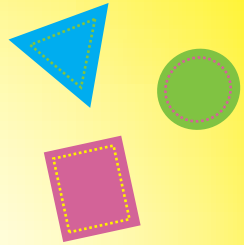
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## ABOUT THE CHORALE

Under the direction of Catherine Fagiolo, Three Rivers Chorale is expanding the musical arts in Folsom, Orangevale and neighboring communities.

Three Rivers Chorale has been founded by Ms. Fagiolo and a group of area residents with a love of choral singing and a commitment to growing the local arts community.

Our mission is to support a volunteer, auditioned chorus for the tri-county region with a commitment to the performance, education, and appreciation of a broad range of choral music.

The Chorale is proud to be named a recipient of a 2007 Folsom Cultural Arts Grant.

Three Rivers Chorale is a non-profit 501(c)(3) organization.

Rehearsals are held Monday nights from 7:00-9:30 pm in Orangevale.

### BOARD OF DIRECTORS

Katy Lynch, President

Gina Lorenzo, Vice President

Anthony Arlen, Secretary

Sara Schlehofer, Treasurer

Heather Dykes, Member at Large

Nancy Nelle, Member at Large

Catherine Fagiolo, Artistic Director (Ex-Officio)

Three Rivers Chorale

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Funded in part by the City of Folsom's Cultural Arts Grant Program.